



Chair's Bulletin, July 2014

I thought you would appreciate an update about ABCD matters before heading off on your summer holidays.

I have discovered that the email in box of the Chair of ABCD fills up much faster than that of the Treasurer, and the tactic of 'leaving the difficult ones to answer later' is not necessarily the right one. However I have also discovered that with the right gadgets you can do a lot of work on a train, which is just as well now that I seem to be spending more of my life attending meetings.

There is a lot of interest in the Year of Care and House of Care as a means of encouraging effective self management in long term conditions. Simon Eaton and I were at a Parliamentary roundtable discussion last week looking at factors inhibiting more widespread adoption of this model. Apparently GPs are unlikely to take up anything that is perceived as requiring more time, but there is some evidence that group consultations might improve productivity. If anyone has experience of group consultations, positive or negative, I would like to hear from you.

Type 1 Campaign: We need to keep reminding commissioners that type 1 diabetes is different from type 2 diabetes, and that people with type 1 diabetes have needs at all stages of their lives that must be provided for. Although it gets a mention in the NICE Diabetes Service Specification, the publication of an ADA position statement on type 1 diabetes is timely *Diabetes Care July 2014 37:7 2034-2054; published ahead of print June 16, 2014, doi:10.2337/dc14-1140 1935-5548 ;*
<http://care.diabetesjournals.org/content/early/2014/06/09/dc14-1140.full.pdf+html>

I hope ABCD will produce a British equivalent as part our 'Lost Tribe' campaign.

ABCD Members' Survey: The executive team has been busy keeping business going while planning for the first committee meeting at the RCGP in London on 1st September, where the priorities for this term will be decided. Immediately afterwards the executive will have its annual meeting with the Gold Corporate Meeting Supporters. You have the chance to influence ABCD's work programme by completing the membership survey - <https://www.surveymonkey.com/s/WLRJMBT> - by 1st August. It has been suggested that the majority of members is unaware of the range of activities undertaken by the association, so I have tried to articulate this in the introduction to the survey. Please take a few minutes to read and complete it.

Forthcoming Meetings: The programme for the Autumn meeting at RCP London on 6th-7th November is ready and looks very interesting: I hope to see you there. This will be followed by our meeting for SpR's on 7th and 8th November. Our spring meeting will be a joint meeting of ABCD and the Welsh Endocrinology and Diabetes Society and will be held in Cardiff, provisional dates are 23rd and 24th April 2015. Our Meetings Secretary, Russell Drummond, will be making some adjustments to the usual format in conjunction with his WEDS counterpart, Aled Rees. Please put the dates in your diary. On the subject of meetings, Professor Stephen Gough has some **places available for ABCD members** on a first-come-first-served basis for the exclusive **Oxford Diabetes Symposium**, at Keble College on 24-25 July. If you are able to attend at short notice contact Professor Gough by email stephen.gough@OCDEM.ox.ac.uk

Life-long education and professional development for ABCD members: Dev Singh and Susannah Rowles have met with Stuart Little and Kelly Cheer from YDEF to produce a paper on this topic which will be discussed at the committee meeting in September.

BJDVD: You should have received the second issue and I hope you enjoyed reading it. The third issue is coming along nicely. Paul Grant is looking for new material from the membership. Articles can be submitted by email, and instructions to authors are on the website <http://www.bjdvd.com/>.

JBDS: The revision of the JBDS guideline for the use of variable rate intravenous insulin infusion in medical patients has been approved and will be available shortly, as will the guidance on the management of diabetes in patients who are given corticosteroids, a common cause of decompensation of glycaemic control.

The winner of the Rowan Hillson Safety in Diabetes Award for the best insulin prescription and monitoring chart will be announced soon. There was a large number of entries, with some exceptionally good ones. I do not envy the judges.

The JBDS dialogue with CQC about the inclusion of diabetes-specific quality indicators in their inspections continues and we hope to pilot this for new-style acute trust inspections in quarters 3 and 4 this year. We hope to see diabetes thematic inspections from 2015, and diabetes featuring in Care Homes inspections. The next meeting that I will attend is on 13th August.

A Root Cause Analysis of Mortality and Morbidity in Diabetic Inpatients: I want to encourage members to take part in an important national Quality Improvement project designed to address two findings from NDA that we can't ignore. Firstly the excess hospital mortality rate of people with diabetes which is unexplained, and secondly the persistently high rates of hospital harms in patients with diabetes. We want each trust to commit to undertaking a root cause analysis of at least two deaths in diabetic patients, and at least four hospital acquired morbidities. Each trust will produce action plans based on their findings. There will be a national meeting to share findings and the collective experience presented at DUK conference in March 2015. Letters announcing the project will arrive in the first week in August, and CEOs and Medical Directors will be informed the following week.

ABCD Nationwide Audits: Learning about new therapies in real clinical use (as distinct from clinical trials) through sharing our collective experiences has become a core ABCD activity. Please support Bob Ryder and his team by joining the now live exenatide QW audit if you have ever prescribed this QW – join the audit enter the data using the N3 link:

http://www.diabetologists-abcd.org.uk/n3/ExenatideQW_Audit.htm

Audits with dapagliflozin and degludec are in the final stages of preparation before go live and you can already download paper forms to printout to start collecting data on your patients on these agents ready for go live. I hope it is clear how useful it will be to pool our experience with these agents. Links for downloading the forms can be found on:

http://www.diabetologists-abcd.org.uk/n3/future_audits.htm

All the new audit tools have bespoke facilities that make it very easy for you to analyse your own local data and all contributors to the audits will be acknowledged in the publications

CEA 2014: The application process is now open until 5pm on 14th August. Members applying for ABCD support should submit their applications to Professor Alan Sinclair at sinclair.5@btinternet.com by **21st July**. I am grateful to Alan who has assembled a panel to do the work of ranking applications and writing citations.

My next bulletin will be after the summer holidays. Hope you have a happy and relaxing/stimulating* time.

Rob Gregory
Leicester
July 2014

* delete as appropriate