



Chair's Bulletin June 2016

June 23rd 2016 was memorable for:

.....the first ABCD Clinical and Commissioning News Live event. I was at the hub at the RSM in London attended by lots of people despite torrential overnight rain and storms that proved too much for the Metropolitan line and for several roads from the South East. We were linked by live streaming to spokes at Leeds, Kegworth and Wolverhampton. The day started with outstanding state of the art updates from Peter Hammond, Steve Bain and Alan Sinclair, followed by an overview of the commissioning environment from Jonathan Valabhji, Julie Wood and Jim O'Donnell. Thought-provoking presentations followed from Nick Oliver on the Type 1 service specification; the challenges of recommissioning diabetes services in Derbyshire from the perspectives of provider and commissioner, Paru King and Mick Burrows; principles of diabetes service redesign from Syed Gillani; and seven tips for successful commissioning of diabetes services from Ben Ellis. Finally delegates in each centre celebrated local innovations and considered how best to deal with local challenges. The feedback was generous, despite some technical glitches, and most people wanted to do it again next year. My thanks to partner organisations Diabetes UK and NHS Clinical Commissioners, the organisers, sponsors, speakers and chairs. For those of you who were unable to attend the event will be posted on the ABCD website very soon.

..... the EASDec Meeting in Manchester, 'Screening for Diabetic Retinopathy in Europe – Impact of New Technologies'. Charles Fox, ABCD Ambassador, represented UK diabetologists at this event. It is great to have people with such experience who are prepared to step in at short notice when committee members are unable to do so. Anyway the bottom line (sorry!) is that fewer people in the UK are going blind because of diabetes, and this has been attributed to the success of retinal screening programmes. See article by Richard Holt in Diabetic Medicine <https://t.co/3hFUKKrrqN> . This made me reflect on my inability to access the results of annual eye screening for patients attending my clinic. How can we be expected to manage people with diabetes without having all relevant information?

.....I'm sure there was something else, but it must have slipped my mind. Oh yes, we now have a Prime Minister who has type 1 diabetes. It remains (sorry again!) to be seen whether this helps the cause.

Junior Doctors Contract

The vote to reject the contract offered to trainees in England has led to the resignation of the person who recommended it be put to the vote. Sounds familiar?

Whatever else, it has done wonders for the post foundation training 'gap year'. I wonder who will fill the rota gaps. Roll on August.

British Journal of Diabetes

I would like to thank Parth Narendran, Acting Editor, and the associate editors for putting together an excellent second issue of the journal. I thought it was a good read, and not just because I had an article in it. The production team are currently testing a new on-line submissions system for articles, that should simplify and speed up the process for authors, so go ahead and test it out. We are strengthening the associate editorial team by appointing people to cover specific subject areas. Umesh Dashora has asked me to remind you submit items for his news section.

ABCD IPN-UK

The enthusiastic committee met recently and has responded to the request for unbiased practical education expressed by those attending the spring conference by planning two whole day events for pump teams later in the year. They are aimed at teams, so a minimum of two delegates from an organisation. To attend you first need to register (free) as a member of IPN-UK [HERE](#). By registering you will also get access to the resources that are being developed for the website.

There will be a National Diabetes Insulin Pump Audit 2015-16, and I would encourage members who provide pump services to register and submit data now. The initial audit for 2013-15 did not capture all centres in England and Wales, and there were some oddities such as the number of people using pumps who were coded as having type 2 diabetes. IPN-UK is planning a service audit, akin to the original ABCD audit in the near future.

7-Day Working and Diabetes

I am pleased that Diabetes UK intends to refer to this in its annual State of the Nation report, as well as a call for better access to diabetes specialists for inpatients, and as part of integrated models of care. I would echo the concern that SpRs (mainly) and consultants are being asked to do more general medical work at the expense of their specialty training and work.

The CCG Improvement and Assessment Framework

For those of you working in England this link [HERE](#) should take you to a valuable aide memoire that has been sent to commissioners who have been preparing their Sustainable Transformation Plans that should include diabetes. It should help you in your discussions locally.

Type 1 Diabetes

The ABCD position statement is now on the website and you can download it [HERE](#). It was published without the full committee having the opportunity to comment, but the lead author Patrick Sharp regards it as an evolving document that can and will be revised as necessary. If you have comments please send them to Patrick who will make sure that the writing group gives them due consideration.

ABCD will meet with Diabetes UK in August specifically to discuss how best to improve the quality of care for people with type 1 diabetes across the UK. Partha Kar, Associate National Clinical Director, Diabetes has type 1 diabetes in his portfolio

and will be involved in the discussions. We have already started work to produce a national service specification for type 1 diabetes, using the position statement and the specification produced by the London SCN as a starting point. Another topic for discussion will be how to secure wider access to technologies, pumps, CGM etc., to help people with type 1 diabetes manage their condition more confidently and effectively. John Wilding, RCPL councillor for diabetes and endocrinology, took the opportunity to question the CEO of NHS England about this at a recent meeting.

Exercise and Type 1 Diabetes

Ian Gallen, Parth Narendran and Rob Andrew have established the excellent course for health care professionals, ExCON. They have approached ABCD for assistance in securing the future of the course and promoting participation in exercise for people with type 1 diabetes. I am resolved that we will do whatever is required. Watch this space.

Controversies in the management of Type 2 Diabetes

Alison Gallagher has produced two excellent position statements addressing hot topics in this area – Pioglitazone and bladder cancer (a rapid response based on this was published on the BMJ) and SGLT2 inhibitors and diabetic ketoacidosis- with more to come.

ABCD Autumn Meeting

A reminder that members are particularly invited to attend the last day of the BES conference on Wednesday 9th November in Brighton (discounted attendance rate available to ABCD members), and to stay on for the ABCD pre-conference reception and dinner and the ABCD conference on Thursday 10th November. More details are on the website and registration is now open - look out for an email announcing this and use your code to get members discounts when registering. In the meantime, don't forget to submit your abstract now. Submission is simple and you can do this online [HERE](#)

Chair of RCPL Joint Specialist Committee for Endocrinology and Diabetes (JSC)

This committee advises the college about matters appertaining to our specialty. The current Chair, John Newell-Price was nominated by the Society for Endocrinology, while the current Secretary, Peter Winocour was an ABCD nominee. I am very grateful to him for his active and effective contribution in this role. It is now the turn of ABCD to nominate the next Chair, and SfE the next Secretary. Dinesh Nagi will circulate a brief job description and person specification for the Chair, and members will be invited to express an interest. Peter Winocour has indicated a willingness to do the job, but I am keen that others should have a chance to be considered. It is a very senior position and so we are looking for someone with a thorough understanding of matters diabetological and endocrinological, preferably with experience of college council and/or ABCD executive or committee work.

ABCD Committee

This year the only vacancies on committee are for the Welsh and Scottish Representatives, as Aled Roberts and Johnny McKnight have each come the the end of two terms. I would like to thank them both for their support and contributions, in particular for helping to ensure that the ABCD conferences in and Cardiff and

Edinburgh were so successful. We hope to welcome the new representatives to the next committee meeting on 7th September.

ABCD New Website - <https://abcd.care>

The new website is taking shape thanks to the efforts of Tricia Bryant, Andy Macklin, Melissa Cull and Bob Ryder. We are now sending all official mailings using the new members database. The original website with its wealth of information will still be accessible, but it is important that members use the new site to view announcements, access member-only information, contact each other via the members directory and register for events.

If you don't know your username and/or password you can access these simply by clicking [HERE](#) and entering your registered email address. You will then receive an email with one-time access to the site. Click the link in the email and then edit your account with your new password and/or username. We do NOT recommend using your email address as your username since your username is the ID that is exposed on the directory of members. If you do not wish to be listed on the directory of members (this is only accessible by members of ABCD) please contact us [HERE](#) and we will ensure your details are excluded from the directory

If you are having any problems with accessing the website please let us know [HERE](#) so that we can support you during the transition.

ABCD Nationwide Audits of New Therapies

Bob Ryder's team has launched a new audit to capture real world data regarding insulin degludec/liraglutide (Xultophy). I would encourage members to contribute to this, to the dapagliflozin audit, and to the other active audits on the website.

May I take this opportunity to wish you all a great summer holiday whether you choose to remain at home or briefly to exit Britain.

Rob Gregory, Chair ABCD Committee
Leicester