

Association of British Clinical Diabetologists.

The National Diabetes Consultant Mentorship Programme (NDCMP)

The NDCMP is run under the full and independent regulation of the Association of British Clinical Diabetologists whilst being separately fully funded by Eli Lilly.

Taking up a new consultant post in diabetes and endocrinology is both exciting and challenging. Acquiring experience, expertise and wisdom to develop in this role takes time and such development is not always best met by the standard processes of CME and CPD. Mentorship programmes are valued for their ability to offer independent, trusted and expert support, advice and guidance in relationship to professional development. Mentorship programmes already exist but they vary in their structure and quality, they are not always offered locally and there are none available that are specific to the speciality. Universally, senior SpRs express a high desire for effective Mentorship.

The NDCMP must be well structured, well governed and sustained in to the long term. The programme is systematically offered to all consultants in Diabetes and Endocrinology within 3 years of appointment. Mentees will be able to access ABCD accredited Mentors from within their own region or adjoining regions and avail themselves of the benefits of a mentoring relationship lasting between 12 to 24 months. The rules and regulations are fully described in the full ABCD NDCMP document.

Crucial to NDCMP are our expert Mentors. They are drawn from amongst established colleagues with a minimum of 5 years in substantive posts. They have further expertise in key other areas such as teaching and training, leadership and management, and service development perhaps also with extension roles such as (but not limited to) Clinical Director, College Tutor, Clinical Tutor, Undergraduate Lead, Specialist Training, Research, relevant District / Regional / National Committees. Prospective Mentors attend a workshop for orientation and induction into the expectations of Mentorship in this programme in order to make an informed choice before proceeding. Once active, Mentors will be paid a professional fee for the time they commit to the programme. Please see the self-descriptors of established NDCMP Mentors to understand what has motivated them to be involved. You do not have to be an ABCD member to be an ABCD NDCMP Mentor.

Could those colleagues who feel they fit the bill and who are enthusiastic to be NDCMP Mentors please make themselves known to me (baldev.singh@nhs.net).

Kind regards

Yours sincerely



Dr B M Singh MD FRCP

Association of British Clinical Diabetologists
National Diabetes Consultant Mentorship Programme Lead