



“I would like to add that since I was prescribed liraglutide and started a healthy eating diet I have never felt so good. Yes I had a couple of weeks at the start of Liraglutide when I had stomach upsets and nausea but I am so glad I persevered as I haven't looked back since September 2009. The icing on the cake is that I no longer have to take insulin. Although you have to accept that taking insulin is part of your life and you obviously have no choice there is definitely no feeling like it when you realize you are 'insulin free' ”



- September 2009
- Wt = 93.9 kg
- BMI = 36.7
- A1c = 9.3%
- Insulin 60 units, Metformin 1gm BD

- February 2012
- Wt = 70 kg
- BMI = 26.3
- A1c = 7.2%
- Liraglutide 1.2mg daily, Metformin 1gm BD

A patient in the ABCD nationwide liraglutide audit. From the presentation by Dr Bob Ryder, speaking against the motion, at the ABCD Debate, Spring meeting 2012: “This house believes that the unlicensed use of GLP-1’s is unethical, unaffordable and should stop.”

See: https://www.diabetologists.org.uk/general_member/Presentations_Spring2012.pdf